

STANFORD UNIVERSITY GENDER DYSPHORIA PROGRAM

NAME (currently used) Sheila Sullivan (use "Lou Sullivan" among casual acquaintances and when passing)

NAME (legal) Sheila Jean Sullivan

SOCIAL SECURITY NUMBER [REDACTED] DATE OF BIRTH 6-16-51

ADDRESS [REDACTED] Post St. Apt. [REDACTED] San Francisco, Ca. 94109
(no.) (street) (city) (state)

PHONE (Home) none (work) 648-4505

HEIGHT 5'6" WEIGHT 117 lbs.

GENDER OF CHOICE: X Male Female

ANATOMIC SEX: Male X Female

I dress as a X Male Female

I have dressed exclusively as a male for 40 months

HORMONES none
(type) (dose) (frequency) (how long)

Prescribing Physician N/A
(name)

(address)

Who referred you to the Stanford Program Claire Capor, Center for Special Problems S.F.

Please briefly describe what you think your problem is and how you think we can help you.

I am really sick and tired of sitting on the fence between male and female. Dressing for 3 years has allowed me to consider and imagine myself male, and in the past it didn't really matter what anyone else thought. I'd be thrilled to learn I was passing, but if I wasn't it was OK. However in the past 4 months I've grown so weary of the anxiety "trying to pass" causes. It's no longer a challenge to pass, only destructive to be "found out." I'm tired of having to jump the hurdles over people's assumptions of what I am; tired of being scared of being "read" in the men's room, or of being double-taked and informed I'm in the wrong bathroom when I'm in the women's; tired of wearing a binder and of the self-consciousness when not wearing one; tired of trying to converse with someone who thinks I'm a boy when my voice is a girl's; of trying to form male-male relationships that are soon shattered when the truth is out. I think Stanford can help because you are super-professionals in this area and will tell me straight forward whether sex reassignment is the answer to my conflict and, if not, whether I'm just going to have to continue this circus, or what my alternatives are

Please write a one page autobiography indicating those events in your life which you feel were most important in contributing to your development and your current feelings about yourself.

I clearly remember moments in childhood when we were playing + pretending we were boys when I read and "this meant more to me than it did to the other kids." Davy Crockett was the theme of my 4th birthday party, the big event when I came out dressed like Davy Crockett and I clearly remember the belief I was Davy Crockett. I mostly played with my 2 younger sisters and our main game was what we called "playing boys." We took on whole identities (names, families, voices, mannerisms) of our make-believe boy characters and went through the day pretending we were those boys. I was Bobby Cordail. And that realization often came to me - that playing boys was more important to me than it was to my sisters. That Bobby Cordail was really me. In grade school I had few friends I associated with outside school. Approaching adolescence I was always very aware of my older sister, aware how different I felt from her, how I could not be content to enjoy the feminine things she so loved. In early teen years I dressed in the latest female fashions but which were different from what others wore and so brought ridicule from my peers. I had only one friend in high school, a boyfriend for 3 mos. at age 14 and one for one month at age 16. High school was pure hell. Throughout these times I had male heroes who meant everything in the private little world I created - heroes I emulated, tried to be like, took for models. I masturbated a lot fantasizing male-to-male intimacies. Male-male contact was an immense turn-on for me and generated a lot of guilt. I finally formed some minor friendships with older people, tho I always felt self-conscious and worried whether those I liked liked me. Got together with my present lover, Jim, when I was 17. In our sexual contacts I'd pretend I was a boy kissing this other boy, a boy having intercourse with a boy. In his group of friends I was one of the guys - their girls didn't like me, I wasn't one of them. I felt I was a gay male in the closet until 3 yrs. ago. It was then I joined the Gay Peoples Union and carefully revealed I felt like a gay male and finally acquired what I feel were my first REAL friends - people who liked me and with whom I felt no self-consciousness or anxiety. I became very active in G.P.U., writing for and typesetting their monthly publication and being unanimously elected Secretary to the organization two years in a row. The gay men accepted me with open arms and since then I've tried to live as a gay man. In those 3 years I've learned I'm a social being, can no longer hide from people - but also have seen that my gender conflict is a serious barrier.

FAMILY AND PERSONAL HISTORY

Mother (name) Nancy Louise Sullivan

(address) [redacted] # [redacted] Milwaukee, Wi. 53225

(occupation) sales clerk in stationery store

Father (name) John Eugene Sullivan

(address) [redacted] Wauwatosa, Wi. 53213

(occupation) owner, H + O Cartage Co.

Were your parents divorced? Yes No Your age at time of divorce are currently in the process of

Who brought you up? (Indicate relationship) parents

Please list the names, ages and sex of all your brothers and sisters in order of birth.

- Kathleen Marie — age 28 — sex F
- John Eugene, Jr. — 27 — M
- Sheila Jean — 25 — F
- Bridget Therese — 23 — F
- Mary Ellen — 21 — F
- Patrick Rory — 19 — M

Briefly describe what it was like for you growing up in your family, e.g., who were you closest to, who were your parents favorites, who did you fight with most often, who did you get along with, who understood you the best, which parent had the most influence, etc.

Our family was intensely close-knit emotionally. My parents were constantly fighting, my father the definite weakling underdog, my mother the strong bullwark who ran everything — incredible to see signs of affection between them. We children were very sheltered, kept close to home and each other and very involved in each others' lives. I don't think real favoritism went on much. My mother said the ones who caused the most trouble always got the most attention, and that since I was so self-sufficient and to myself I therefore required less attention. I did feel that my older brother received more privileges because "he's a boy." Our family never seriously fought much within (except for the parents) — we were usually in it together with my mother fighting the world. But for all this closeness I wasn't especially close to anyone — it varied during different times in my life. My father remains a non-entity in my mother always referred to him as "just another one of the kids." I remember nothing in particular about him in my childhood other than his fighting with my mother.

What was the overall atmosphere in your family?

same as previous question

Did you ever feel rejected by anyone in your family? By whom?

when I was 16, I was extremely close to my older brother (many people thought we were girl/boy friends). He got in with a crowd that didn't like me and I felt he abandoned me. At age 18 I moved in with my lover, who my mother felt was doing me wrong by "living in sin" with me. She refused to acknowledge his existence or even allow him in her sight for 5 yrs. which really destroyed my deep feelings for her.

Briefly comment on the frequency with which you communicate with your parents/parents & family in Milwaukee, Wisc. I moved to S.F. July 1975. We write letters about monthly & I've phoned a few times. But even after I moved out on my own at age 18 (and especially as my mother was so against my relationship with my lover) I communicated very little - less than any of the other children. Would visit them maybe once every 2-3 weeks.

Do your parents know about your decision to cross-live? Yes No

If yes, how do your parents feel about your desire to cross-live and to eventually undergo surgery? My father, of course, says nothing other than that he doesn't understand those things. Right before I moved to S.F. my mother purchased several boys' suits for me, went with me to have them fitted, referred to me as "he" "her son", "her boy" to the clerks. She gave me a pocket watch as a going-away gift inscribed "Go West Young Man." My considering the surgery worries her (as does every-thing) but she says if it makes me happy that's all she cares. If your parents do not know, please indicate when you plan to tell them.

N/A

What is your best guess as to their reaction?

N/A

Have you or any member of your family ever been in psychotherapy? Please indicate who and for how long. Kathleen has seen a psychiatrist for several years. Father presently seeing a "shrink." I never have.

Have you or any member of your family ever been hospitalized for psychiatric reasons. Indicate who and for how long.

Kathleen had a neck cramp that rendered her immobile for weeks which was diagnosed as due to her mental state. Bridget attempted suicide in her early teens and was kept in the county psychiatric ward for several months. I never have.

Is there a history of heavy drinking in your family? Yes No
If yes, please briefly describe who and indicate who you feel this drinking affected you.

EMPLOYMENT AND EDUCATION

Current Occupation Secretary to the Sales Division

Employer Wilson Sporting Goods Co.

Length of Time Employed one year Salary \$8,700/year

Briefly describe your feelings about this job. *For the first few months it was painful. I felt little friendliness from my co-workers and I didn't know how to act with them - it was really the first time I had to deal with straight people. Now they know I'm OK + I'm well liked by all. My boss likes + counts on me very very much. Work-wise I like the job.*

I am employed as a male female

My coworkers consider me male female *→ they know I'm female but they don't treat me as "one of the girls"*

If you have not yet begun cross-living, what are your vocational plans when you do make the change? *I have told my present boss I am considering this switch-over. (he said he had been waiting for me to tell him that) and he told me he would do everything he could to allow me to retain my present position. The more I think of it, though, the more I don't think staying at one's former job is smart. I'll just have to go job-hunting again.*

Assuming that five years from now you will be gainfully employed, please state the occupation you would most like to be in. Please be specific.

I do enjoy my present line of work and plan to stay in it.

What occupation do you think you will actually be in five years from now?

I think I can be what I want to be - a male secretary.

Given that this is your future employment goal, how do you plan on accomplishing it?

I have very excellent references. My present employer has already promised to give me an excellent reference as a male. I'm fairly sure my former boss will, too. It can't be much harder for me to find a job as a male secretary ^{than} ~~as~~ it was for me to present myself at interviews as I am now ... I met with a lot of discrimination because of the way I looked and dressed.

Please list the jobs or positions that you have held over the past five years including the number of months that you worked at each, beginning with your most recent job.

Employer	Position	Dates Employed
Wilson Sptg Goods Co.	Sales Division Secretary	Nov '75 - present
Dept. of Slavic Languages University of Wisconsin - Milwaukee	Department Secretary	March '70 - July '75

(If you require more space, please use the back of this page.)

Are you on welfare? Yes No If yes, for how long _____

Have you been on welfare in the past? Yes No. If yes, how long _____

How often have you found it necessary to use prostitution as a means of support?
Please briefly comment. *Never! I'd find starvation more palatable.*

Age entered school 4 Number schools attended 3 ^{counting kindergarten} Highest grade 12th

Describe what it was like for you in high school both in terms of your grades and academic accomplishments as well as social life. *Gradewise I was "above average" B+. Socialwise I was a total outcast. Though we wore uniforms I was constantly harassed and taunted by the boys, who'd throw pennies at me, call me names, knock my books off my desk, out of my hands. At one point a teacher changed my desk to remove me from the hecklers. As far as I know, I never did anything to provoke the harassment. All I knew was I wasn't like and didn't want to be like any of them. I was totally ostracized. My only friend was a girl who had polio + walked in leg braces + crutches. I was befriended for a while by a guidance counselor who once took me out of the school for a few hours to a coffee shop because I was unable to cope + crying.*

Have you ever served in the Armed Forces? Yes No
If yes, were you Drafted Enlisted

What made you decide to join the military?

N/A

Did the military experience live up to your expectations?

N/A

Did you have any significant relationships while in the service. Briefly describe.

N/A

Under what conditions did you leave the military?

N/A

If you did not serve, please indicate how you avoided the military and why.

N/A

Have you experienced any harassment by law enforcement agencies. If yes, briefly describe.

No

Have you ever been convicted of any crime? If yes, briefly comment.

No

What, if any, problems with the legal system do you anticipate as a result of your decision to cross-live?

None

Have you ever been involved in the use of drugs? Yes X No
Please indicate which drugs you have used and the frequency of use.

	Casual	Frequent	Addicted
Marijuana	_____	_____	_____
Barbiturates	_____	_____	_____
Amphetamines	_____	_____	_____
Hallucinogens	_____	_____	_____

Please list your current medications.

None

Have you ever attempted suicide? Yes X No
If yes, please list indicating your age at the time of the attempt and the method you used.

Have you ever seriously considered suicide or other self-destructive acts?
 Yes X No If yes, please briefly describe.

Have you ever thought about committing suicide or other self-destructive acts?
 Yes X No If yes, please briefly describe.

Have you ever attempted genital injury? Yes X No
If yes, please briefly describe.

Are you currently married? Yes X No If yes, are you married as a
 Male Female

Have you ever been married? Yes X No I was married as a male
 female

Have you ever been divorced? Yes X No
If you have been divorced, briefly indicate or comment on the-reason.

Have you parented any children? Yes X No
If yes, please list indicating names, ages and sex.

With whom do your children currently reside?

Please indicate your religious affiliation in childhood Catholic
currently none

Briefly describe what your religion meant to you growing up and what role it currently plays in your life.

Went to Catholic grade + high schools. In grade school and early high was strongly religious and it caused a lot of guilt over sex and my frequent masturbation. At age 15-16 stopped attending church and since then religion has meant nothing to me.

What do you think your church's attitude is toward persons who cross-live?
Toward sex reassignment surgery?

I don't feel I have a church.

Describe a typical week's activities for you.

Monday through Friday, work. Evenings at home, read, write letters or in diary, housework, TV, lift weights. Weekends I spend Friday night, Saturday and night with my lover. We go to a few bars (always gay or mixed) out to dinner on Friday night. Saturday we take long walks somewhere like downtown and to a sidewalk cafe. Saturday nights we spend at my place. Sundays we part. I spend the day at home or take a walk or go to a gay bar.

With whom do you live? Alone

SEXUAL AND GENDERAL HISTORY

Describe your parent's attitudes towards sex.

A major topic of my parent's arguments. My father would complain that he's not getting any action, that my mother doesn't put out but that he's too good a man to seek it elsewhere. My mother disclaims any pleasure in sex, always spoke of it as "laying back and letting dad have his fun" so she could have her children. I doubt she has any sexual desires at all. I never knew my parents to sleep in the same room much less the same bed. I'm sure they're both sexual basket cases.

How did you find out about sexual behavior?

My earliest recollection of masturbating is about at age 8. My older sister and her girlfriend told me how actual intercourse ~~was~~ went when I was about 12.

What were your earliest fantasies about sex?

Earliest masturbation fantasies I can remember were of a man caressing a teen-aged boy (just hugging and non-sexual stroking). I would often pretend I was my own boyfriend and caress myself. Then boys-in-bondage and man-whipping-boy type fantasies. I used to write very detailed stories of these fantasies and still have these writings.

Describe in detail your first sexual encounter with a male, indicating what fantasies were associated with that encounter.

At age 17 with my present lover, Jim. We did a lot of rubbing against each other until orgasm. Don't remember specific details or fantasies of that first encounter. The first fantasies I remember were of thinking of Jim as a "fagget" or imagining myself a man having sex with Jim. Jim + I slept together 2 years before we ever had vaginal intercourse as I wasn't taking any birth control, though we had other varieties of sex.

Describe in detail your first sexual encounter with a female, indicating what fantasies were associated with that encounter.

My first and only. About 1 1/2 yrs. ago figured I should probably try sex with a female. An older experienced lesbian drove me from one gay bar to another, where we parked and she masturbated me beneath my clothes. I tried to keep my thoughts on the actual occurrence, but had no sensation and was beginning to get sore. So I began thinking of the gay men inside the bar to have an orgasm. I had attempted to reach beneath her clothes but she said "Don't unless you want to." I didn't.

In general, how important a part does sex play in your life?

Since June of this year sex has meant almost nothing to me. I can hardly muster up enough interest to masturbate. I have always held that thinking about sex is immensely more pleasurable than actually doing it; and that masturbation is the superior form of sexual activity.

When did you first experience orgasm and how was this achieved (e.g., masturbation, with a male or with a female, etc.)

As mentioned earlier, I have been masturbating to orgasm ever since I can remember, even before I really feel guilty about it. This was achieved by rolling a corner of the bedsheet up into a hard ball and rubbing my clitoris against it while lying on my stomach.

How many stable (3 months or longer) sex partners have you had?

I am still together with the first person I ever had sex with and the only stable sex partner. We've been together since October 1968.

Write a brief history of your sexual contacts, including both male and female partners. Please indicate what was pleasurable about these contacts and what was not pleasurable or uncomfortable about them.

Have only had 7-8 sex contacts with men. I picked up a few straight men but quickly found my wishes to be the aggressor didn't go so well in the hetero world. I couldn't participate in the straight scene where I'd have to use feminine wiles to attract those I wanted. Then in the gay world I picked up a gay man at a gay lib meeting Dec. '73. We had genital sex & to this day he remains my very best friend. I managed to get a few more gay men to come home with me but I wouldn't undress - just undress & touch him & feel sexual rushes looking at him & pretending I'm a male. Nov. '74 - Mar. '75 I lived with basically supported a man who claimed asexuality. We slept together but never touched, tho it was incredibly sexual for me just to be near him. These contacts were pleasurable because I had very

Does your current sexual activity involve your genitalia?

(continued below)

No vaginal intercourse since July of this year - only anal. Clitoral orgasm.

Describe your preferred method of sexual contact (e.g., preferred partner; type of sexual contact; degree of activity; associated fantasy, etc.)

I want to be a gay male having sex with another gay male. All kinds of male-male sex acts. There will be no need for fantasy - we'll be there.

(continued from above)

beautiful gay men with me - wonderful food for my fantasies. And unpleasurable because I could do no more than fantasize and because I felt I was making them heterosexual just by being with me. I haven't had sex with anyone but Jim in over 2 years.

What do you understand the term "transvestite" to mean?

Someone who wears the clothes of the opposite sex for an occasional turn-on, but who is satisfied being the sex they are.

What do you understand the term "transsexual" to mean?

Someone who feels they are the opposite sex.

What do you understand the term "homosexual" to mean? What are your feelings about homosexuality?

Someone who feels sexually stimulated by and emotionally attached to their own sex. I feel a homosexual attachment is more honorable, solid and natural than a heterosexual attachment.

Age at which you first cross-dressed

Have always worn boy's clothes. I feel my 4th birthday when I was Davy Crockett was cross-dressing. I first tried to pass as a boy in public when I was 15.

in public _____ in private _____

Please describe briefly the nature and frequency of your cross-dressing and your feelings when you are so attired.

I have not worn a stitch of female clothing since May 1973 except for Thanksgiving Dinner '73 to surprise my family. I currently own no female clothes. When I first started dressing it was a sexual turn-on for me. Now they're just my clothes. In contrast to when wearing female clothes, when wearing men's clothes I feel I am attractive, self-determined and capable of accomplishing what I pursue; I have a strong sense of self-worth.

How do you currently dress? X as a man _____ as a woman

Have you ever attempted to live exclusively in the role of choice? ___ Yes ___ No

If yes, please indicate the length of time and the degree of success you experienced in passing.

At work I'm known as a female and use my female name. Everywhere else I use my ambiguous male name "Lou," use men's public restrooms and attempt to pass as a male. To others I present myself ambiguously + allow them to decide... and about 75% of the time they decide male. I feel my voice is what ruins it for me more than anything else.

Have you undergone any surgical procedures to assist passing? ___ Yes X No

If yes, please indicate which operations.

Please indicate what operations you plan in the future to assist adjustment to the role of choice.

I very badly want a mastectomy. My breasts are a constant anxiety for me. I am always worried they are "showing" and I hate that jiggle feeling they give when I move. I wear a shirt even while having sex with my lover. I really feel they are like tumors. I would like phalloplasty as it would make me a more independent and satisfied sexual being.

Have you had any hormonal therapy? Yes No

As a result of the hormones, I have noticed these changes male to female.

breast development I feel more anxious I feel no different
 I have no erections I feel less anxious other, please indicate

As a result of hormones, I have noticed these changes female to male.

reduced breasts I feel more anxious I feel more excitable
 new body hair I feel no different I feel less anxious
 voice changes other, please indicate

Why do you want sex reassignment surgery?

Because it will put my body where my mind is. I think of myself as male, want to act and be treated like a male, yet cannot do so in my present state. I think I will be more whole having a body I am proud of instead of embarrassed by.

What differences do you feel surgery will make in your life?

I will pass 100% of the time instead of 75%. I can feel confident in my male identification rather than worried I'll be "found out." I'll feel more amicable toward others because I'll feel less self-conscious and threatened. People will react toward me for what I feel I am rather than for what they figure I am. I will be able to deal with people direct rather than have this "which are you?" barrier between us. I will be a social being!

What does it mean to you to be a woman? (Everyone should answer both this question and the following one.)

For me, to be a woman means feeling like a clown, awkward, unattractive, vulnerable. Scared to be independent ... feeling preyed upon, like I was in public with all my wounds exposed. I felt I was like no one and a whole separate sex from anyone. For me to be a woman, now, dressing as a man, I feel like an imposter, thought to be a lesbian, still as though I belong nowhere and am like no one.

What does it mean to you to be a man? (Please answer both this question and the preceding one regardless of your gender of choice.)

For me, being a man would mean I belonged somewhere. I was like someone else in the world. I would be more in control of my circumstances. I would finally really be what I've always pretended to be. I would be living in the real world rather than hiding in my pretend world. I won't have to feel as though I'm tricking anyone.

What do you feel is the most significant difference between the two?

That men are more emotionally restrained
less vulnerable
more self-sufficient

Please rank order the surgical changes below in terms of their importance to you
male to female

- _____ sexual function
- _____ social acceptance
- _____ improved marital relationship
- _____ feel more complete as a female

- _____ Legal identity
- _____ Job or vocational success
- _____ feel more complete as a woman

female to male

- 2 sexual function
- 1 social acceptance
- 5 improved "marital" relationship
- 4 feel more complete as a man

- 7 legal identity
- 8 job or vocational success
- 6 standing to urinate
- 3 feel more complete as a male

After surgery what do you anticipate your life style will be.

The only significant change from my present life style will probably be that I will become more social oriented - possibly acquire a circle of friends, possibly resume my activities in the gay liberation movement. My lover relationships will be more solid as I will be there during sex and day-to-day living instead of wrapped up in my personal dream world. Other than that I'll still be me.

What is your understanding and reaction to possible complications and/or discomfort involved in surgery?

Of course I realize there is pain involved as there is in any work on the body. I feel a mastectomy cannot be as painful as wearing a binder the rest of my life so I can hardly breathe. As for the genital surgery I am not well-informed of the complications or limitations the new penis may present, though I would feel bad if I lost the ability to have an orgasm.

Which of your qualities, characteristics and experiences do you feel make you a particularly good candidate for surgery?

I have displayed that I can pass as a male without any medical assistance whatsoever. I have been accepted as a male both in public and by individuals. I am not flighty or compulsive, but a very responsible and sincere person, in my public and private life. I am also a very introspective person and know my own heart. I can live on the fringes of society and cope with any rejection I might face because of this unorthodox move. Everyone around me is aware I am considering such a move. I have been presenting myself as male in public 3 years.

What kind of adjustments do you think you would have to make after surgery?

Not many. It will be adjusting from a butchy female with no sexual identity to an effeminate homosexual male which I think I act like now. I possibly could retain my present job, tho I may not want to, as I don't want to be reacted to as a transsexual but as a young man. I'm sure my relatives will adjust, my friends will be happy for me, and that I will be able to retain some kind of relationship with Jim.

Can you anticipate any problems?

As I have at times during the past 3 yrs., I will have to bear the discrimination/ prejudices, etc., that effeminate gay men do every day. I may have trouble finding a new job, but certainly no worse than it was finding my present one).

You are required to list at least three persons (family and friends), their addresses and telephone numbers. These should be persons who always know your whereabouts and/or how to contact you in the future. Please list their name, address and telephone number.

Name Jim Koetting Phone [redacted]

Address [redacted], San Francisco, Ca. 94104

Name Charles Creegan Phone (212) [redacted]

Address [redacted], Bronx, NY 10452

Name Nancy Sullivan Phone (414) [redacted]

Address [redacted], Milwaukee, Wi. 53225

List all professional persons who have been involved in your efforts to cross-live.

Claire Capor, Center for Special Problems, 2107 Van Ness Ave,
San Francisco, Ca.

Eldon E. Murray (stockbroker by profession), Gay Peoples Union,
1704 E. Kane Place, Milwaukee, Wisc. 53202