

THE LABYRINTH FOUNDATION COUNSELING/
GENDER SERVICES

"To Educate the Educated"

Complete Gender Services for the
Female-to-Male Transsexual

Thank you for your inquiry regarding The Labyrinth Foundation Counseling/Gender Services. This is a multipurposed, nonprofit organization established to provide complete care of the female-to-male transsexual. **ONLY!**

Referrals from physicians, psychologists and other professional counselors bring the patient to us at the onset of seeking help.

Our Services have recently adopted the guidelines set forth by the Harry Benjamin International Gender Dysphoria Association. Their Standards of Care include the following Philosophy Criteria:

- 1 Gender Dysphoria herein refers to that psychological state whereby a person demonstrates dissatisfaction with his/her sex of birth and the sex-role as socially defined, and who requests hormonal and surgical sex-reassignment.
- 2 The patient will undergo psychometric testing as an adjunct aid, coupled with patient history and family reportage, for the evaluating team. Testing takes approximately three to four hours, and the costs are payable at the time tests are made.
- 3 The patient must be known to the psychiatrist/psychologist in a psychotherapeutic relationship at least three months before hor-

mone therapy can be started. Our patients will be seen in consultation sessions by Dr. Leah C. Schaefer, psychologist and co-therapist, with Dr. Angelo Tornabene. Cost per session will be discussed with each patient individually.

4 Before hormone therapy is instituted, a battery of blood tests and a 24-hour urine specimen for testosterone level will be done along with a buccal smear. Each physician who sees the patient will be presented with a copy of psychometric tests and kept up-to-date on the counseling progress.

5 The patient must be seen in a psychotherapeutic relationship at least six months before any surgical procedure will be done. An outside source (psychiatrist) must provide peer review of diagnosis of transsexualism beforehand.

6 The patient must live at least one year in the role of the chosen gender before genital reassignment will be done -- and only then after the recommendation of the psychiatrist.

On a more personal level, the Foundation acts as middleman or buffer between the patient and organizations. For example: in requesting information, rather than have the patient write directly to an institution such as a college, we do it, thus providing much sought anonymity.

Using various methods of input and data gathering, we are able to provide the patient with information such as dressing, moving, contacts regarding changes in birth/baptism certificates and driver's licenses, as well as the latest information on phalloplasty and what is new in the field of transsexualism.

For those from out of town (in addition to counseling), we provide a weekend of room and board, as well as transportation. There is a charge for this, and it will be discussed with each person as the case arises.

All information coming into the Foundation is strictly confidential, thus cannot and will not be released without signed permission from the patient.

If you call and we are not in, please leave the name you want us to use in a return call. If you write, please use the name you would like as addressed on the envelope. You can contact us for an appointment by writing to

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