

## GENDER MINORITY PROGRAM

overview.

Tel. (415) [REDACTED]  
appt. req'd / sliding scale fees

The GMP provides individual and group consultation to Gender Minority Individuals. Predominantly, we serve transsexuals, as well as transvestites, lesbians, and gay men, other sexual minorities, and any other individual wishing to work on issues of self-identity or dependency.

Additionally, we serve as a resource for clinical consultation for the professional community. By professional arrangement we provide community service through client evaluations and short-term consultation at no fee.

Listed below are some brief examples of the wide-variety of issues we deal with both on an individual and group basis. We encourage planning of short and long term goals.

### SELF-IDENTITY AND ACCEPTANCE

We personalize consultation to provide individuals with the opportunity to develop their "inner" core self-identity. Development of one's self-identity promotes positive personal growth in all areas, including gender and sexual acceptance as well as family and social acceptance.

### DEPENDENCIES

Adult Children of Alcoholics and individuals from or in Dependent Relationships are encouraged to apply. We will see individuals who are willing to work through chemical dependencies and are involved in the 12-step program. We will not see any individual who has arrived for session under the influence of chemicals. or who is unwilling to make a firm commitment in working through chemical dependency issues.

### INDEPENDENT LIVING

We encourage discussion and direction towards independent living for those who are presently unable to do so. Exploration of self-dependency as well as learning of new social skills is stressed.

Consultation regarding Employment is important. Discussion and direction towards employment. A wide-variety of potential workplaces exist for individuals of Gender Minority. We provide assistance in matters relating to work entry/re-entry and workplace issues.

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## ELECTROLYSIS

Types of Electrolysis, Cataphoresis, and Pain Control are discussed. The importance of fluid consumption before and after sessions, in addition to proper after-care, and the use of make-up is discussed. Referrals.

## HORMONES

We discuss the advantages and disadvantages of both gradual incrementation and initially high doses of hormones. In addition, risk of cancer, skin and hair condition, alterations of body structure, and rest, exercise, and good nutrition are discussed.

Hormone prescription referrals are given. We have Medical Doctors who work with us to provide you with the best medical care.

## SURGERY

We will discuss different surgical techniques. In addition we will provide you with pre- and post-surgery support consultation.

Pre-surgical evaluation and supporting documentation is provided through licensed mental health professionals. Referral to highly skilled domestic and foreign surgeons is available for clients who seek our program's assistance.

<In addition to those listed above there are other topics we cover. Please call for further information and an appointment.>