



RAPE CRISIS CENTER

SAN LUIS OBISPO COUNTY

October 21, 1996

Inmate Torey Tuesday South
J-39424 5263
California Men's Colony
P. O. Box 8101
San Luis Obispo, CA 93409

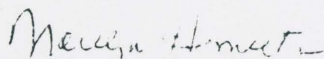
Dear Ms. South:

The Rape Crisis Center received your letter on October 10, 1996 at our office. It has taken some time to respond to your appeal, as I wanted to research some possibilities of help to you while you are incarcerated.

First, this agency believes your accounts of the sexual assault incidents. Your description of nightmares, screaming in your sleep, and needing a light on at night are some symptoms that are experienced after a trauma. I am enclosing information on feelings commonly experienced after a sexual assault and a description of post-traumatic stress symptoms.

I would encourage you to take any steps towards healing that are possible for you by making safe, step-by-step, small choices that increase your personal safety within the prison system. One possibility is to seek a timely release from prison by involving yourself in a job at the facility. Also, my understanding is that counseling or the potential for talking to someone might be available if you contact the Director of Psychological Services, or the Chaplain. You have already increased your personal safety by making the choice not to behave in an overtly female manner. I hope the material enclosed is useful to you. There is some additional reading material that I can send separately. I hope you are able to find some solace by using the resources existing at CMC.

Sincerely,



Marilyn Hamilton
Executive Director

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P.O. BOX 52 SAN LUIS OBISPO CALIFORNIA 93406 805•545-8888

24-hour crisis intervention service ◆ victim witness assistance ◆ district attorney liaison service ◆ court escort
child/teen abuse prevention program ◆ comprehensive sexual assault training and education ◆ counseling services