

From: [REDACTED]
Date: **Thu, 9 Oct 1997 19:17:06 -0400 (EDT)**
To: [REDACTED]
Subject: **Article on MTF Trans Prisoner**

I'm writing to both of you because I am interested in doing some work in the area of trans prisoners. I live in San Francisco and am willing to volunteer some time to start a group or action committee that would work more directly w/trans prisoners.

I know that medical hormone access is almost impossible for a trans prisoner, but what about non-pharmaceutical, vitamin hormones? Recently I purchased a bottle of estrogen herbs (each caplet consists of yam extract, dong quai, etc.) for under \$20. A similar product of testosterone herbs is available as well. Would products like these also be banned from prisons? If not, perhaps these vitamins could be purchased by trans prisoners.

You both might also be interested in the new Transsexual News Telegraph (issue #7). It contains an article on survival tips by an MTF prisoner that both of you might find of value. TNT is available at Reading Frenzy in Portland Oregon and Different Light Bookstore in San Francisco. It is also available for \$5 directly from me at: TNT, [REDACTED], San Francisco, CA, 94104-4903.

I would like to hear from each of you regarding your interest in trans prisoners and if you are still interested in them.

Thanks for your time,
Sincerely,
Gail Sondegaard]